

### Lagan Valley LeisurePlex

18 Lisburn Leisure Park, Lisburn, BT28 1LP  
T: 028 9267 2121  
E: leisureplex@lisburncastlereagh.gov.uk  
W: www.theleisureplex.com

### Dundonald International Ice Bowl

111 Old Dundonald Road, Dundonald, Belfast, BT16 1XT  
T: 028 9080 9100  
E: icebowl@lisburncastlereagh.gov.uk  
W: www.theicebowl.com

### Lough Moss Leisure Centre

Hillsborough Road, Carryduff, BT8 8HR  
T: 028 9081 4884  
E: loughmoss@lisburncastlereagh.gov.uk  
W: www.lisburncastlereagh.gov.uk



### Glenmore Activity Centre

43 Glenmore Park, Lisburn, BT27 4RT  
T: 028 9266 2830  
E: glenmore@lisburncastlereagh.gov.uk  
W: www.lisburncastlereagh.gov.uk

### Grove Activity Centre

15 Ballinderry Park, Lisburn, BT28 1ST  
T: 028 9267 1131  
E: grove@lisburncastlereagh.gov.uk  
W: www.lisburncastlereagh.gov.uk

### Kilmakee Activity Centre

52A Rowan Drive, Dunmurry, BT17 9QA  
T: 028 9030 1545  
E: kilmakee@lisburncastlereagh.gov.uk  
W: www.lisburncastlereagh.gov.uk



# Vitality

membership

## Live Life With Vitality



One Membership, Six Fantastic Facilities!



# Get More From Your Membership

Get active with our inclusive Vitality Membership package! As part of your membership, you can enjoy a wide range of activities for adults and children at all six of our leisure facilities. You will be spoilt for choice!

## Membership Package

Your membership package includes a host of activities including gym, swimming and fitness sessions to get your heart pumping as well as tenpin bowling, ice skating and leisure pool activities for those looking to plan family days out!

Below is an overview of activities and classes that you are entitled to use **AT ALL SIX** of our leisure facilities.



	Lagan Valley LeisurePlex	Dundonald International Ice Bowl	Glenmore, Grove & Kilmakee Activity Centres	Lough Moss Leisure Centre
Gym	✓		✓	✓*
Ice Skating		✓		
Leisure Pool	✓			
Tenpin Bowling		✓		
Adult Exercise & Relaxation Classes	✓	✓	✓	✓*
Vitality Health Suite	✓			
Competition Pool	✓			
Indiana Land		✓		
Children's Exercise & Sports Coaching	✓	✓	✓	✓*
Mission Inflatable	✓			
Diving Pool	✓			
Racquet Sports	✓		✓	✓

\*Gym and class sessions delivered by Pulse Fitness at Lough Moss Leisure Centre

# Membership Prices

## Household Membership

**£45 per month** (Direct Debit)

**£520 per annum** (Cash Payment)

- Price based on two adults (over 18 years old) and up to a maximum of five children living at the same household.
- Proof of address for all individuals will be required

## Household Membership (Concession\*)

**£35 per month** (Direct Debit) **£410 per annum** (Cash Payment)

- Price based on two adults (over 18 years old) and up to a maximum of five children living at the same household.
- Proof of address for all individuals will be required.

\*Concession Membership applies if at least one of the two adults in the membership provides 'A Letter of Entitlement' showing they are in receipt of benefits, at least one of the two adults is over 60 years or at least one of the two adults is disabled.

## Individual Membership

**£28 per month** (Direct Debit) **£326 per annum** (Cash Payment)

- Price based on one adult (over 18 years old)

## Individual Membership (Concession\*)

**£21.50 per month** (Direct Debit) **£248 per annum** (Cash Payment)

\*Applies if individual is over 60 years old, under 18 years old, disabled, provides a 'Letter of Entitlement' showing they are in receipt of benefits or 18+ years with evidence of attending full time education.

For further information, visit:

[www.theleisureplex.com](http://www.theleisureplex.com)

[www.theicebowl.com](http://www.theicebowl.com)

### Terms & Conditions

The above prices are based on a direct debit monthly fee with no contract or joining fee. Photographic ID must be provided. Proof of concession dated within the last three months must be provided. The above criteria will be reviewed on a regular basis and kept inline with [www.nidirect.gov.uk](http://www.nidirect.gov.uk)