

Enrol at
www.theleisureplex.com
from Monday 3rd June*
*For Council run schemes only.

Lisburn &
Castlereagh

Summer
in the
City!
2019



Welcome...

...to Lisburn & Castlereagh City Council's guide to fun activities for your children to take part in over the summer holidays!

Beat the summer boredom and get involved in a whole host of scorching activities! We have a range of sports, games, outdoor pursuits, arts & crafts and many more activities all happening in your area.

Take a look at the massive range of things to do. All of your favourites are included here, from summer activity schemes to swimming, soccer to GAA, tennis and gymnastics - we've got it all plus lots more!

A very big thank you to all organisations and locations who have helped provide an extensive range of fun activities for children this summer.



Book your place early and make it the best summer ever!



Please contact the relevant individual organisations for more details

Council Summer Activity Schemes & Camps

Lagan Valley LeisurePlex

Summer Swim Camp

Summer Swim Camp features a programme of children's swimming lessons, run over 5 consecutive days (or every Saturday).

Lessons are available for the following groups:

- **Baby Bubbles** - 0 - 36 months. Parent and baby class
- **Ducklings** - 3 & 4 years
- **Improvers** - 5+ years and able to swim 5 metres
- **Beginners** - 5+ years
- **Kingfishers** - 5+ years and able to swim 25 metres
- **2-1** - 2 children to 1 teacher in the water (all abilities)
- **Rookie Lifeguard** - 8+ years who can swim 50+ metres and are confident in deep water
- **Bronze/Silver/Gold Medallion** - 12+ years who are competent swimmers
- **NPLQ** - 16+ years who are competent swimmers
- **Adult Swimming Lessons** - Saturday only

Venue: **Lagan Valley LeisurePlex**

Dates: Monday 15th July – Saturday 24th August

Summer in the City Scheme

A programme of fully supervised activities for children aged 5 – 13 years, including sports, games, leisure pool (8+ years), Aqualand, splash sessions, arts & crafts, weekly out-of-centre trips and lots more!

Venue: **Lagan Valley LeisurePlex**

Dates: **Weekly Sessions**

Monday 1st July – Friday 23rd August
(No scheme 11th & 12th July 2019)

Daily Sessions

Monday 8th – Wednesday 10th July
Monday 26th – Wednesday 28th August

Time: 9.00am – 4.00pm

Age: 5 – 13 years

Cost: **Weekly Sessions** - £65 per week (Monday – Friday).
£60 for additional children from the same immediate family attending the summer scheme during the same week. **Daily Sessions** - £18 per day.

Teen Scheme

An exciting activity scheme exclusively for children aged 12 – 16 years, featuring aquatic activities, sports, coached activities, out-of-centre trips each week and lots more.

Venue: **Lagan Valley LeisurePlex**

Dates: Monday 15th July – Friday 9th August

Time: 9.00am – 4.00pm

Age: 12 – 16 years

Cost: £72 per week (Monday-Friday).
£67 for additional children from the same immediate family attending the teen scheme during the same week.



How to Enrol?

- Enrolment for all Council Summer Schemes, Rural Schemes and Swim Camp will commence on Monday 3rd June 2019.
- Enrolment will be by **ONLINE ONLY** at www.theleisureplex.com from Monday 3rd June 2019.
- As part of the online enrolment, you will be asked to complete an Enrolment and Health and Consent form for each child attending a Council Summer Scheme, Rural Scheme or Swim Camp.

Tel: **028 9267 2121** Email: leisureplex@lisburncastlereagh.gov.uk Web: www.theleisureplex.com

 [laganvalleyleisureplexlisburn](https://www.facebook.com/laganvalleyleisureplexlisburn)

 [lvleisureplex](https://twitter.com/lvleisureplex)

Lagan Valley LeisurePlex,
18 Lisburn Leisure Park, Lisburn, BT28 1LP

Lagan Valley
LeisurePlex 

Grove Activity Centre Summer Activity Scheme

Enjoy fun and excitement with a choice of activities such as football, uni-hoc, basketball, short tennis, badminton, arts & crafts and much more!
Children will also be able to enjoy day trips to other facilities.

Venue:	Grove Activity Centre 15 Ballinderry Park, Lisburn, BT28 1ST
Dates:	Monday 5th – Friday 23rd August
Time:	10.00am – 3.00pm
Age:	5 - 14 years
Cost:	£43 per child per week and £33 for each subsequent sibling
Contact:	028 9267 1131 or email reception.grove@lisburncastlereagh.gov.uk Facebook: beactivestayactive
Enrol:	From Monday 3rd June online only at www.theleisureplex.com

Kilmakee Activity Centre Summer Activity Scheme

Get active and have some fun this summer!
Enjoy coached activities, arts & crafts and much more!
Children will also be able to enjoy day trips to other facilities.

Venue:	Kilmakee Activity Centre 52A Rowan Drive, Seymour Hill, Dunmurry, BT17 9QA
Dates:	Monday 29th July – Friday 16th August
Time:	10.00am – 3.00pm
Age:	5 – 14 years
Cost:	£43 per child per week and £33 for each subsequent sibling
Contact:	028 9030 1545 or email reception.kilmakee@lisburncastlereagh.gov.uk Facebook: beactivestayactive
Enrol:	From Monday 3rd June online only at www.theleisureplex.com

Glenmore Activity Centre Summer Activity Scheme

Take part in coached activities, games, bouncy castle, arts & crafts under the supervision of our qualified leaders.
Children will also be able to enjoy day trips to other facilities.

Venue:	Glenmore Activity Centre 43 Glenmore Park, Lisburn, BT27 4RT
Dates:	Tuesday 16th July – Friday 2nd August
Time:	10.00am – 3.00pm
Age:	5 – 14 years
Cost:	£43 per week per child and £33 for each subsequent sibling
Contact:	028 9266 2830 or email glenmore@lisburncastlereagh.gov.uk Facebook: beactivestayactive
Enrol:	From Monday 3rd June online only at www.theleisureplex.com

Lough Moss Leisure Centre Summer Activity Scheme

Children can enjoy a wide range of multi-sports activities, arts & crafts, team games, Zumba, bouncy castle, movies and much more! There are also mini minder sessions which run before and after the scheme as an additional activity for children to enjoy.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 15th July – Friday 9th August
Mini Minders	
Times:	8.30am – 9.00am
Cost:	£6 per child per week
Summer Activity Scheme	
Time:	9.00am – 3.00pm
Cost:	£49 per child per week and £44 for each subsequent sibling
Age:	5 – 14 years
Contact:	028 9081 4884 or email loughmoss@lisburncastlereagh.gov.uk Facebook: beactivestayactive
Enrol:	From Monday 3rd June online only at www.theleisureplex.com

Moneyreagh Community Centre Summer Scheme

5 day programme which includes multi-sports, football and much more.

Venue:	Moneyreagh Community Centre 36A Church Road, Moneyreagh, BT23 6BB
Dates:	Monday 5th – Friday 9th August
Time:	10.00am – 3.00pm
Age:	8 – 11 years
Cost:	£30 per child. £20 for each subsequent sibling
Contact:	028 9044 9330 or email neil.reid@lisburncastlereagh.gov.uk



Sports Specific Schemes & Coaching Courses

Every Body Active 2020 Sports Academy

Unleash your sporty side this summer with our Sports Academy.

Come along and try a wide range of sports including athletics, dodgeball, American football and much more! (Some sports may be subject to change). Participants will also gain access to information where they could continue to play a sport in their local area.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 22nd – Friday 26th July
Time:	3.00pm – 4.30pm
Age:	9 – 14 years
Cost:	£10 per week (non-members) FREE to Vitality Members
Contact:	Kevin Grieve on 07879 994163 or email kevin.grieve@lisburncastlereagh.gov.uk Facebook: beactivestayactive Twitter: @LCCCEBA2020

Goalkeeping Academy

Go for goal this summer! Come along and learn goalkeeping specific skills from our expert coaches, led by former Irish League and Antrim GAA star Sean McGreevey.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 29th July - Friday 2nd August
Venue:	Kirkwoods Park Lisburn Kirkwoods Road, Lisburn, BT28 3RR
Dates:	Monday 5th – Friday 9th August
Time:	11.00am – 1.00pm
Age:	6 – 14 years
Cost:	£25 per week or £6 per day
Contact:	Kevin Madden on 028 9250 9567 or email kevin.madden@lisburncastlereagh.gov.uk Facebook: beactivestayactive

Juvenile Summer Golf Coaching

The course is designed to help young golfers learn about golf, understand golfing rules and etiquette and develop their games while having fun on the course. Beginners welcome.

Venue:	Castlereagh Hills Golf Course 73 Upper Braniel Road, Castlereagh, BT5 7TX
Dates:	Tuesday 23rd – Thursday 25th July Tuesday 30th July – Thursday 1st August
Times:	9.00am – 12 noon or 1.00pm – 4.00pm
Age:	8 – 17 years
Cost:	£55 (lunch not included)
Contact:	028 9044 8477 or email chgc@lisburncastlereagh.gov.uk or visit www.castlereaghills.com Facebook: castlereaghills
Venue:	Aberdelghy Golf Course Bells Lane, Lambeg, Lisburn, BT27 4QH
Dates:	Tuesday 6th – Thursday 8th August Tuesday 13th – Thursday 15th August
Times:	9.00am – 4.00pm
Age:	8 – 17 years
Cost:	£55 (lunch not included)
Contact:	028 9266 2738 or email aberdelghy@lisburncastlereagh.gov.uk or visit www.aberdelghygolfcourse.co.uk

Summer Ice Skating Lessons

Learn to skate with a Grade 1 course of summer ice skating lessons! The course consist of a 30 minute lesson over 5 days, plus you can enjoy free ice time after each session to practise your new skills.

Venue:	Dundonald International Ice Bowl Old Dundonald Road, Belfast, BT16 1XT
Dates:	Monday 22nd – Friday 26th July Monday 19th – Friday 23rd August
Time:	11.00am
Age:	Available for adults and children
Cost:	£59 per person
Contact:	028 9080 9129 or 028 9080 9123 or email icebowl@lisburncastlereagh.gov.uk or visit www.theicebowl.com Facebook: dundonaldicebowl



Hard 2 Guard Basketball Camp

Learn about passing, shooting, dribbling and defence with local and American coaches. Camps cater for beginners and experienced players.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 12th August – Friday 16th August
Time:	10.00am – 1.00pm
Age:	5 – 15 years
Cost:	£45 per week (includes Hard 2 Guard t-shirt)
Contact:	Breda Dick on 07720 289 909 or email bredadick@gmail.com or hard2guardbelfast@gmail.com

Parks Tennis

Learn to swing, volley and pass like a tennis professional!

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 15th – Friday 19th July Monday 19th – Friday 23rd August
Time:	2.00pm – 4.00pm
Age:	8 – 12 years
Cost:	£10 per child per week
Contact:	Christine Duncan on 028 9081 1962 or email christine.duncan@lisburncastlereagh.gov.uk Facebook: beactivestayactive Twitter: @LCCCEBA2020

Downshire Tennis Coaching

Swing into action with our fun coaching classes. Suitable for all levels of ability.

Venue:	Downshire Tennis Club 18 Park St, Hillsborough, BT26 6AL
Dates:	Monday 1st – Friday 5th July Monday 15th – Friday 19th July Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August
Time:	11.00am – 1.30pm (3 – 9 years) 1.30pm – 4.00pm (10 – 16 years)
Age:	3 – 16 years
Cost:	£55 per child per week or £12 per day
Contact:	Ross on 07841 102494 or email info@downshiretennis.co.uk

Water Skiing & Wakeboarding

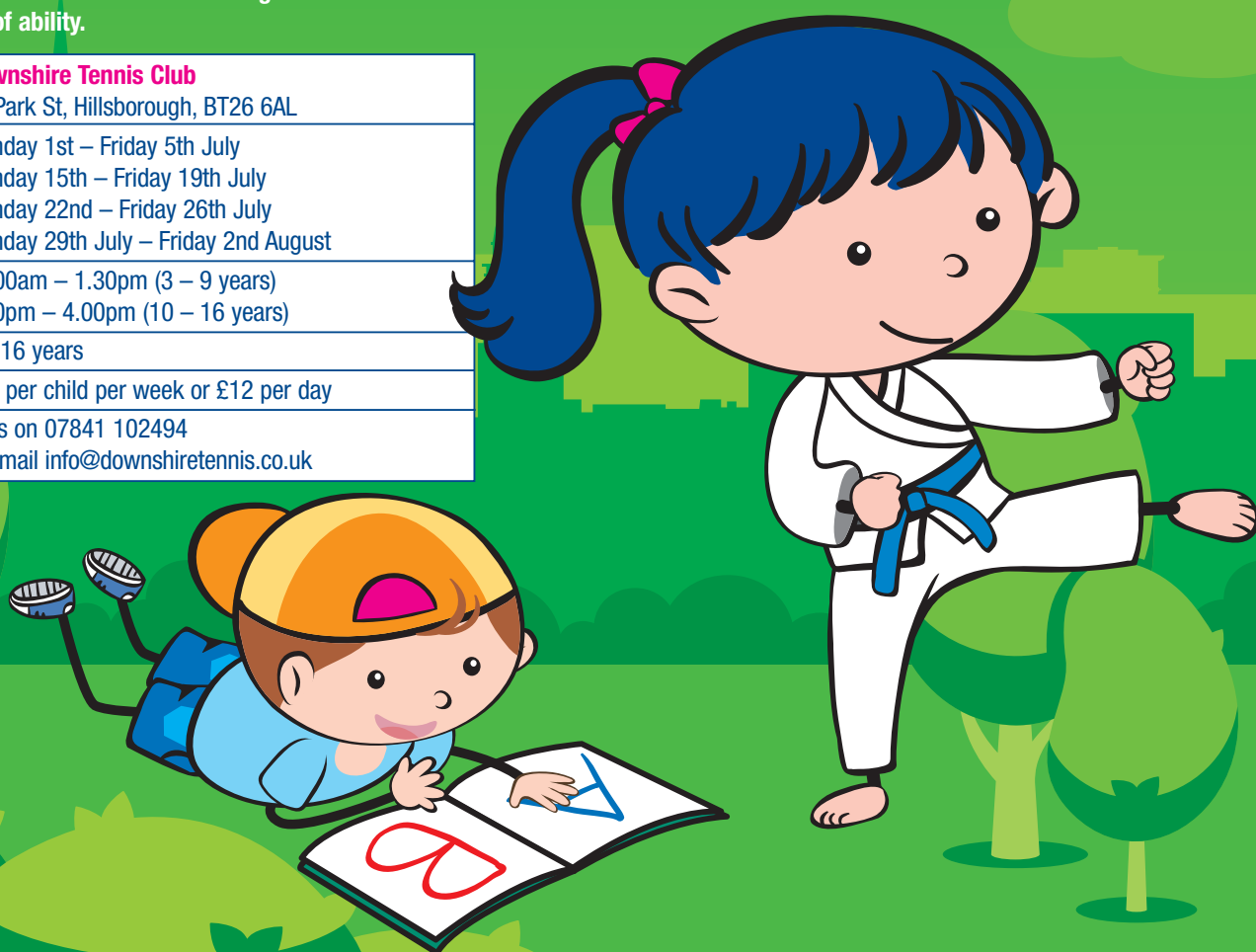
Learn to waterski or wakeboard in a safe and controlled environment within a private lake. Individual instruction available. All equipment provided. No experience required.

Venue:	Meteor Water Ski Club Lough Henney, Bresagh Road, Lisburn, BT27 6TU
Dates:	Monday evenings until 9th September Children's Open Day - Saturday 6th July from 10.00am Booking is required for this event
Time:	6.45pm – dusk
Cost:	£16 for under 18s
Contact:	Email: enquiries@meteorwaterski.com or visit www.meteorwaterski.com

South Antrim Hockey Club Summer Scheme

Each day consists of 3 hours of hockey and 1 hour of a lucky-dip sport with badminton, football, netball and lots more! On the Friday children can enjoy the thrill of our water slide!

Venue:	Friends' School Lisburn 6 Magheralave Road, Lisburn, BT28 3BH
Dates:	Monday 5th – Sunday 11th August
Time:	9.00am – 1.00pm
Age:	Primary 4 – Year 9
Cost:	£75
Contact:	Ward Phillips on 07707 116018 or email youth@southantrim.com Facebook: SouthAntrimHockeyClub



SportWays Hockey Camp

Dutch hockey is coming! Lisnagarvey Hockey Club will be hosting the biggest hockey training camp in the world this summer. If you want to play like the Dutch then this training camp is perfect for you. Led by Dutch hockey players as well as local coaches.

Venue:	Lisnagarvey Hockey Club 2 Comber Road, Hillsborough, BT26 6LN
Dates:	Monday 1st – Friday 5th July
Time:	9.00am – 5.00pm
Age:	7 – 16 years
Cost:	£190
Contact:	Andrew Cameron on 07545 223124 or email andy@shopsportways.com Visit www.uksportsways.com

Salto Gymnastics Centre Summer Scheme

Fun filled week long gymnastics sessions for all abilities. Classes consist of warm up, stretches, games, circuits and activities using the beam, trampoline, bars, rings, pommel, vault and floor.

Venue:	Salto Gymnastics Centre 4 Warren Park, Lisburn, BT28 1LW
Dates:	Monday 1st July – Friday 16th August
Times:	Kindergym: 11.15am – 12.15pm Recreation: 12.30pm – 2.30pm
Age:	Kindergym: 3 – 5 years Recreation: 5 – 12 years
Cost:	Kindergym: £35 per week Recreation: £65 per week
Contact:	Clare Taylor on 028 9260 7888 or email clare@saltogymnasticsni.com www.saltogymnasticsni.com

The Trampoline Network Summer Scheme

Children can enjoy all the fun of trampolining, including skills based training to learn the more difficult skills safely. Classes will be delivered by qualified coaches.

Venue:	Lagan Valley LeisurePlex 18 Lisburn Leisure Park, Lisburn, BT28 1LP
Dates:	Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August
Time:	4.15pm – 5.15pm 5.15pm – 6.15pm
Age:	7+ years
Cost:	£30 per week (1 hour). £55 per week (2 hours)
Contact:	07968 702535 or email thetrampolinenetwork@gmail.com

Kaleidoscope Summer Gymnastics Camps

6 weeks of amazing gymnastics fun for boys and girls in a fully equipped gymnastics facility. Classes consist of apparatus skills, choreography, tumbling, crafts, assault courses and much more! Open to all members and non-members.

Venue:	Kaleidoscope Gymnastics and Dance Centre Unit 14 Lowes Industrial Estate, Carryduff, BT8 8DH
Dates:	Monday 15th – Thursday 18th July Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August Monday 5th – Friday 9th August Monday 12th – Friday 16th August Monday 19th – Friday 23rd August
Times:	Kubz: 10.00am – 12 noon Kidz: 10.00am – 3.00pm
Age:	Kubz: 3 – 5 years Kidz: 6+ years
Cost:	Kubz: £10 per day or register in full and get one morning FREE Kidz: £25 per day or register in full and get one morning FREE Discounts available for multiple week bookings. Non-members have an additional charge of £10 for temporary summer insurance.
Contact:	028 9081 5848 or email dawn@kscopegc.co.uk www.kscopegc.co.uk Facebook: Kaleidoscope gymnastics

Judo Academy Summer Camp

Enjoy a wide range of activities, including judo, wrestling, gymnastics, badminton, table tennis, strength & conditioning, arts & crafts, games, dodgeball, tug of war, rugby, face painting, pizza party and much more!

Venue:	Ballymacricket Primary School 41 Scroggy Road, Glenavy, BT29 4NE
Dates:	Monday 29th July – Friday 2nd August Monday 12th – Friday 16th August
Venue:	Lisburn Racquets Club 36 Belfast Road, Lisburn, BT27 4AS
Dates:	Monday 29th July – Friday 2nd August Monday 12th – Friday 16th August
Time:	9.30am – 1.30pm
Age:	6 – 16 years
Cost:	£45
Contact:	Stephen McCluskey on 07729 520334 or email thejudoacademy@hotmail.co.uk Book online at www.thejudoacademy.co.uk

Mini Ninjas

Children can explore the ancient Far-East country of Korea through a range of music and dance, games and stories, arts and crafts as well as a gentle introduction to Olympic Taekwondo.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	July - August
Time:	Saturday mornings 11.30am – 12 noon
Age:	2 – 4 years
Cost:	£3.50 per class
Contact:	Liza Nicholson on 07852 519677 or email info@ulidiataekwondo.org www.ulidiataekwondo.org

FUNdamental Olympic Taekwondo

Get your kids active this summer through FUN games and activities designed to develop physical skills, not just for martial arts, but for all sports. The class also teaches anti-bully strategies and stranger danger awareness.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Thursdays and Saturdays during July and August
Time:	Thursdays – 6.00pm – 6.45pm Saturdays – 12 noon – 12.45pm
Age:	4 – 9 years
Cost:	£4.00 per class
Contact:	Bertie Nicholson on 07870 811970 or email info@ulidiataekwondo.org www.ulidiataekwondo.org Facebook: CarryduffTaekwondo

Hillsborough Junior Football Club Summer Camps

Fun filled football activities delivered by UEFA and IFA coaches, includes mini matches, World Cup tournaments and much more! New players welcome. Open to boys and girls.

Venue:	Indoor Football Factory 162 Moira Rd, Lisburn, BT28 1JA
Dates:	Monday 1st – Friday 5th July Monday 15th – Friday 19th July Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August Monday 5th – Friday 9th August Monday 12th – Friday 16th August Monday 19th – Friday 23rd August
Times:	10.00am – 1.00pm
Age:	4 – 12 years
Cost:	£30 per week/camp £50 for two family members and £60 for three
Contact:	Justin Sheppard on 07515 172264 or email justin.sheppard@hillsboroughboys.info Facebook: Hillsborough Boys Junior Football Club

Nutty Crust IFA Summer Football Camps



The Irish FA's football coaches give kids tips on dribbling, passing, shooting, as well as giving them the encouragement and guidance to enable them to progress on to a more competitive playing environment.

Venue:	Lough Moss Leisure Centre Hillsborough Road, Carryduff, BT8 8HR
Dates:	Monday 1st – Friday 5th July Monday 19th – Friday 23rd August
Venue:	Ballymacoss Playing Fields Limetree Avenue, Lisburn, BT28 2EA
Dates:	Monday 29th July – Friday 2nd August
Venue:	Moira Demesne Main Street, Moira, BT67 0NL
Dates:	Monday 22nd – Friday 26th July
Venue:	Hillsborough Village Centre 7 Ballynahinch Road, Hillsborough, BT26 6AR
Dates:	Monday 12th – Friday 16th August
Time:	10.00am – 1.00pm
Age:	5 – 13 years
Cost:	£42.00 per week. Family discount available.
Contact:	Phil Melville on 07967 459738 or email phil.melville@irishfa.com Book online www.theirishfa.com/footballcamps

St Patrick's Lisburn Gaelic Summer Scheme

Come along and work on your skills of Gaelic football, while making friends and having fun! Everyone welcome, both beginners and experts.

Venue:	Kirkwoods Park Lisburn Kirkwoods Road, Lisburn, BT28 3RR
Dates:	Monday 22nd – Friday 26th July Monday 12th – Friday 16th August
Time:	10.00am – 2.00pm
Age:	4 – 14 years
Cost:	£45 for first child, £40 for second child and £35 for subsequent children
Contact:	Michael Stewart on 07775 743852



Galaxy Coaching Multi Sports Summer Camp

Activities include multi-sport, dance, drama, arts & crafts, football and much more! Early drop off and/or late pick up available at most venues.

Venue:	Hillsborough Village Centre 7 Ballynahinch Road, Hillsborough, BT26 6AR
Dates:	Monday 1st – Friday 5th July Monday 8th – Thursday 11th July Monday 15th – Friday 19th July Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August Monday 5th August – Friday 9th August Monday 12th – Friday 16th August Monday 19th – Friday 23rd August
Time:	9.00am – 3.00pm
Age:	4 – 14 years
Cost:	£70 per week or £16 per day
Contact:	Steve Turner on 07412 319554/028 9060 5605 or email info@galaxycoaching.co.uk or visit www.galaxycoaching.com

Baseball Academy Northern Ireland

Play baseball with professional coaches on the only baseball diamond in Northern Ireland. Equipment provided.

Venue:	Hydebank Playing Fields Newtownbreda Road, Belfast, BT8 7EU
Dates:	Wednesdays April to September
Time:	6.15pm – 7.30pm
Age:	5 – 13 years
Cost:	£35 for the season
Contact:	07392 848177 or email trosbotham@yahoo.co.uk



BMX Summer Camp

Get on your bike and try something different this summer! Novices can learn basic bike skills including bunny hop and wheelie training, while those with a little more experience can take part in mock races, sprint training and much more!

Venue:	Bells Lane, Lisburn
Dates:	Novice Group: Monday 1st July – Friday 5th July Expert Group: Monday 15th July – Friday 19th July
Time:	9.00am – 4.00pm
Age:	5 - 15 years (must be able to cycle without stabilisers)
Cost:	£70 per child (must purchase a Cycling Ireland Licence. See www.cyclingireland.ie for details)
Contact:	Christopher Eagleson on 07481528526 or email chris.eagleson@sky.com

Badminton Summer Camp

Enjoy a fun filled week of badminton activities for players of all abilities. Coached by an Ulster Badminton qualified coach, players will learn a range of skills and techniques throughout the week.

Venue:	St. Joseph's Hall 8 Knockbracken Drive, Carryduff
Dates:	Monday 19th – Friday 23rd August
Time:	9.00am – 12 noon
Age:	6 - 14 years
Cost:	£25
Contact:	Ulster Badminton 028 9266 8392 or email schools@ulsterbadminton

Tennis Fundamentals Sports Weeks

Enjoy a fun week of either Totally Tennis or Multi Sports. Totally Tennis is the perfect introduction to tennis - fifteen hours of tennis tuition, practice and games with a professional tennis coach. Multi Sports Week includes a daily tennis lesson along with other sports including football, cricket, hockey, baseball, tag rugby, American football and lots more!

Venue:	Wallace Park Indoor Tennis Centre Wallace Park, Lisburn, BT27 4AN
Dates:	Totally Tennis Week Monday 1st – Friday 5th July Monday 15th – Friday 19th July Monday 29th July – Friday 2nd August Monday 5th – Friday 9th August Monday 19th – Friday 23rd August Multi Sports Week Monday 22nd – Friday 26th July Monday 12th – Friday 16th August
Time:	9.30am – 12.30pm
Age:	5 – 14 years
Cost:	£48 per week, £42 for subsequent siblings
Contact:	Brian Cushnie on 028 9266 0653 or email brian@tennisfundamentals.com Facebook: WPTennis Twitter: WPLisburn

Contact the relevant organisation or facility for further details or to register.

Community Summer Schemes & Projects

LCCC Rural Summer Scheme

Children can enjoy a fun packed week of games, sports, arts & crafts and outings to the cinema and Lagan Valley LeisurePlex.

Venue:	Anahilt Primary School 248 Ballynahinch Road, Hillsborough, BT26 6BP
Dates:	Monday 1st – Friday 5th July
Venue:	Ballycarrickmaddy Primary School 1 Killultagh Road, Lisburn, BT28 2NT
Dates:	Monday 5th – Friday 9th August
Venue:	Moira Primary School Backwood Road, Moira, BT67 0LJ
Dates:	Monday 22nd – Friday 26th July Monday 29th July – Friday 2nd August *Customers can only book one out of the two weeks.
Venue:	Aghalee Village Hall 6 Lurgan Road, Aghalee, Craigavon, BT67 0DD
Dates:	Monday 19th – Friday 23rd August
Venue:	Ballymacrickett Primary School 41 Scroggy Road, Glenavy, BT29 4NE
Dates:	Monday 12th – Friday 15th August
Time:	10.00am – 4.00pm
Age:	7 – 13 years
Cost:	£43 per child and £33 for each subsequent child
Contact:	Robbie Geary on 028 9260 0258 or email robert.geary@lisburncastlereagh.gov.uk Enrol online at www.theleisureplex.com

Reach Summer Scheme

Come along and enjoy a wide range of activities sure to keep your little rascals entertained! The Scheme is organised by Hillsborough Free Presbyterian Church. Something for the whole community to get involved in!

Venue:	Hillsborough Village Centre 7 Ballynahinch Road, Hillsborough, BT26 6AR
Dates:	Every Thursday in August
Time:	7.30pm – 9.30pm
Age:	11+ years
Cost:	Contact Roy for details
Contact:	Roy Elliot on 07741 051882

Elite Stage Academy Presents: Musical Showstoppers!

For that little 'Diva' in your life why not give the Elite Stage Academy a go! Come along and enjoy musical theatre, drama, dancing, singing and much more!

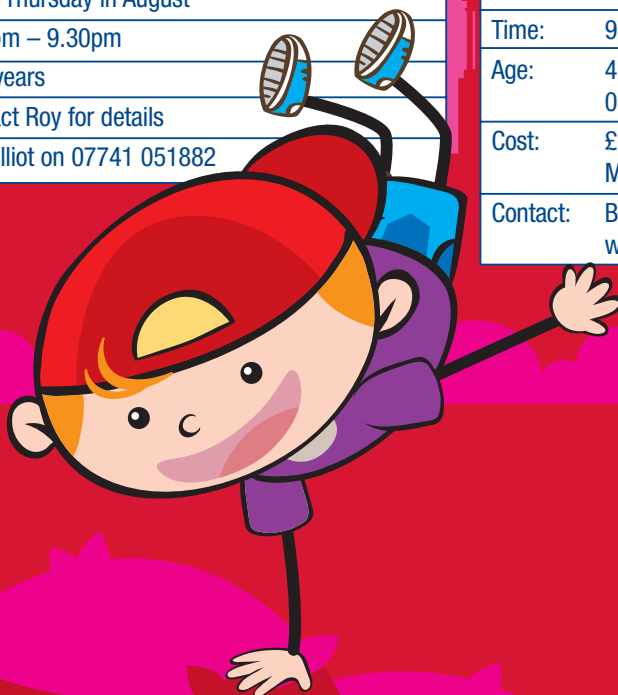
Venue:	Hillsborough Village Centre 7 Ballynahinch Road, Hillsborough, BT26 6AR
Dates:	Monday 29th July – Friday 2nd August Monday 12th – Friday 16th August
Time:	9.30am – 12.30pm
Age:	4 – 11 years
Cost:	Contact Alex for details
Contact:	Alex Curran on 07792447792

ISLAND Arts Centre

Children's Arts Festival 2019 22 July - 17 August #BePartOfHere

Come visit our FREE interactive exhibition, designed for families to explore, create and play together. Take part in our Arts Weeks filled with hands on creative workshops in street art, digital art, drama, dance, music and crafts.

Venue:	ISLAND Arts Centre The ISLAND, Lisburn, BT27 4RL
Dates:	Week 1 - Take Back the City Monday 22nd – Friday 26th July Week 2 - What I like about you Monday 29th July – Friday 2nd August Week 3 - Summer of '19 Monday 5th – Friday 9th August Week 4 - What a Wonderful World Monday 12th – Friday 16th August Saturday Session - My Generation 27th July, 3rd, 10th & 17th August
Time:	9.30am – 4.30pm
Age:	4 – 18 years 0 – 3 years - Saturday sessions only
Cost:	£70 per child per week. Multiple child & weekly discounts available
Contact:	Box Office 028 9244 7452 or visit Book Online www.ISLANDArtsCentre.com



Debutots Fun Week

Children can enjoy a whole host of fun activities during our Debutots Fun Week. Activities include, drama, music, crafts along with indoor and outdoor play!

Venue:	Hillsborough Village Centre 7 Ballynahinch Road, Hillsborough, BT26 6AR
Dates:	Monday 15th – Friday 19th July
Time:	10.00am – 1.00pm
Age:	4 – 9 years
Cost:	Contact Lois for details
Contact:	lois@debutots.co.uk

The 'Park Life' Programme

The 'Park Life' programme of events is an annual summer programme taking place every Saturday and Sunday. The event embraces a multitude of themes through Family Fun Days on Saturdays and Band Concerts on Sundays, aimed at attracting young families.

Venue:	Wallace Park, Lisburn (Band Stand) Moat Park, Dundonald (Pavilion Stage) Moirá Demesne, Moira
Dates:	Band Concerts (All three venues) Every Sunday from 30th June – 4th August Family Fun Days (All three venues) Every Saturday from 6th July – 3rd August
Time:	Family Fun Days Saturdays 2.00pm – 4.00pm Band Concerts Sundays: 3.00pm – 4.00pm
Age:	ALL
Cost:	FREE
Contact:	Maeve Murray on 028 9244 7551 or email events.student@lisburncastlereagh.gov.uk

Flaxie Summer Workshops

Activities include; mini beast hunts, parachute games and arts & crafts workshops (workshops will change daily).

Venue:	Irish Linen Centre & Lisburn Museum Market Square, Lisburn, BT28 1AG
Dates:	Monday 15th July – Wednesday 21st August (Every Monday, Tuesday & Wednesday)
Time:	10.00am – 11.00am 2.00pm – 3.00pm
Age:	All ages. Children aged 5 years and under must be accompanied by a parent/guardian over 18 years
Cost:	FREE. Must be booked in advance
Contact:	028 9266 3377 or email ilc.reception@lisburncastlereagh.gov.uk

International Ulster Grand Prix 2019

Featuring the best road racers in the world, the Ulster Grand Prix is the one of the oldest road races, welcoming 60,000+ motorcycle fans annually to Dundrod to sample an adrenaline fuelled atmosphere. Entertainment for the whole family!

Venue:	David Wood House 3-7 Hannahstown Road, Lisburn, BT28 3TB
Dates:	Monday 5th – Saturday 10th August
Time:	From 9.00am
Age:	ALL
Cost:	All week ticket - £30 (entry is free to children under 16 accompanied by an adult). Entry wrists bands, grandstand seating and merchandise available for purchase at www.ulstergrandprix.net
Contact:	Ken Stewart on 07717 495274 or email ken@ulstergrandprix.net

Vitality

membership

Vitality Membership Classes for Children

One Membership, Six Fantastic Facilities!

Children can also get active this Summer with activities and classes through our great value Vitality Membership! Here is just a small sample of what is on offer!

- Multi Sports
- Dodgeball
- Street Dance
- Indoor Golf
- Lazy River & Aqualand
- Trampoline
- Futsal (Football)
- Archery
- Basketball
- Teen Cycle
- Gymnastics
- Kids Circuit Class



For a full list of activities and classes during the summer months, please visit, www.theleisureplex.com or www.theicebowl.com

LCCC
Lisburn & Castlereagh City Council

Lagan Valley **LeisurePlex**

Glenmore Activity Centre

Dundonald International **Ice Bowl**

Grove Activity Centre

Lough Moss LEISURE CENTRE

Kilmakee Activity Centre

Vitality

membership

Live Life With Vitality

Get active with our inclusive Vitality Membership package. As part of your membership, you can enjoy a wide range of activities for adults and children at ALL SIX of our leisure facilities.

- Lagan Valley LeisurePlex
- Dundonald International Ice Bowl
- Lough Moss Leisure Centre
- Glenmore Activity Centre
- Grove Activity Centre
- Kilmakee Activity Centre

Your membership package includes a host of activities including gym, swimming and fitness sessions to get your heart pumping, as well as tenpin bowling, ice skating and leisure pool activities for those looking to plan a family day out.

You'll be spoilt for choice!



**One
Membership,
Six Fantastic
Facilities!**

Household Membership

Only £45 per month
(Direct Debit)

Applies to two adults (over 18 years old) and up to a maximum of five children living at the same household. Proof of address for all individuals required. Individual & concession memberships also available.

For terms and conditions and for further information on our memberships or to sign up, please visit

www.theicebowl.com
www.theleisureplex.com

Ice Skating

Bowling

Indiana Land

Leisure Pool

Mission Inflatable

Gym

Classes

LCCC
Lisburn &
Castlereagh
City Council

Lagan Valley
LeisurePlex

Glenmore
Activity Centre

Dundonald International
Ice Bowl

Grove
Activity Centre

Lough Moss
LEISURE CENTRE

Kilmakee
Activity Centre