

How do you become a Vitality Member?

To join, simply download a copy of the application form and direct debit mandate from our websites www.theleisureplex.com or www.theicebowl.com

Next, take your completed forms to one of our facilities along with your photographic ID, bank card and necessary documentation to activate your membership. Alternatively you can visit one of our facilities and complete an application form. Juniors must be accompanied by an adult to verify their application. All Vitality Members must complete an induction before using the gym.

Do I need to live in Lisburn & Castlereagh to become a Member?

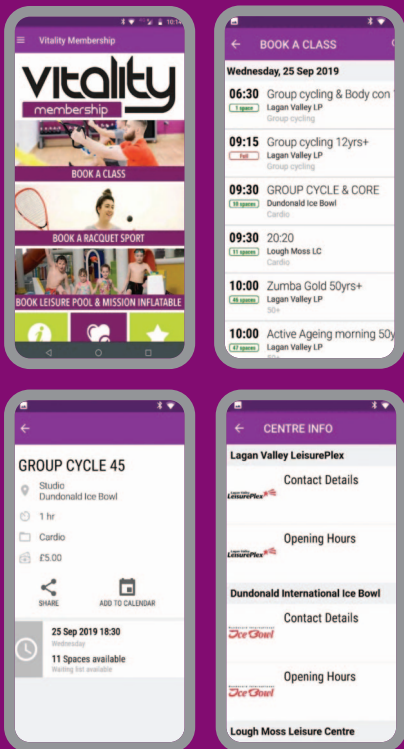
No, anyone can become a member!



Have you downloaded our Vitality App?

Our Vitality App will allow you to book classes and activities online and you can also find out up-to-date information on timetables, activities, opening hours and locations. To download the Vitality App simply:

- Visit App Store or Google Play and search for 'Vitality Member'
- Follow the instructions to download the appropriate version of the app for your phone/tablet
- The Vitality logo icon should appear on your screen
- You will initially need to log onto your account



Lagan Valley LeisurePlex
18 Lisburn Leisure Park, Lisburn, BT28 1LP
T: 028 9267 2121
E: leisureplex@lisburncastlereagh.gov.uk
W: www.theleisureplex.com

Dundonald International Ice Bowl
111 Old Dundonald Road, Dundonald, Belfast, BT16 1XT
T: 028 9080 9100
E: icebowl@lisburncastlereagh.gov.uk
W: www.theicebowl.com

Lough Moss Leisure Centre
Hillsborough Road, Carryduff, BT8 8HR
T: 028 9081 4884
E: loughmoss@lisburncastlereagh.gov.uk
W: www.lisburncastlereagh.gov.uk



Glenmore Activity Centre
43 Glenmore Park, Lisburn, BT27 4RT
T: 028 9266 2830
E: glenmore@lisburncastlereagh.gov.uk
W: www.lisburncastlereagh.gov.uk

Grove Activity Centre
15 Ballinderry Park, Lisburn, BT28 1ST
T: 028 9267 1131
E: grove@lisburncastlereagh.gov.uk
W: www.lisburncastlereagh.gov.uk

Kilmakee Activity Centre
52A Rowan Drive, Dunmurry, BT17 9QA
T: 028 9030 1545
E: kilmakee@lisburncastlereagh.gov.uk
W: www.lisburncastlereagh.gov.uk

Billy Neill MBE Country Park
Comber Road, Dundonald, BT16 1XA
T: 028 9244 7100
E: info.billyneill@lisburncastlereagh.gov.uk
W: www.theicebowl.com

vitality
membership
Live Life With Vitality

f VitalityLisburnCastlereagh

www.theleisureplex.com or
www.theicebowl.com



vitality
membership

Get more for your membership!

Activities for the whole family



GYM & SPA	ADULT & KIDS CLASSES	SWIMMING
LEISURE POOL	ICE SKATING	BOWLING
		INDIANA LAND

LCCC
Lisburn & Castlereagh City Council

Lagan Valley LeisurePlex

Dundonald International Ice Bowl

Lough Moss LEISURE CENTRE

www.theleisureplex.com

www.theicebowl.com

What centres can Vitality Members Access?

Vitality membership is a unique package which gives members access to not one but **SEVEN** leisure facilities, including:

- Lagan Valley LeisurePlex
- Dundonald International Ice Bowl
- Lough Moss Leisure Centre
- Glenmore Activity Centre
- Kilmakee Activity Centre
- Grove Activity Centre
- Billy Neill MBE Country Park



What activities are included in the package?

Vitality members can choose from an exciting range of activities, classes and courses to suit both adults and children. It's the perfect package for those looking to get active or plan days out with their family. You will be spoilt for choice!

Activities include:

- Choice of 6 gyms
- Extensive choice of adult classes
- Extensive choice of children's classes
- Racquet Sports
- Health Suite
- Swimming
- Ice Skating
- Tenpin Bowling
- Indiana Land
- Leisure Pool
- Mission Inflatable



For a full copy of the comprehensive timetable of adult and children's classes, please visit www.theleisureplex.com or www.theicebowl.com

What do existing members enjoy about Vitality?

Vitality membership has already changed people's lives by helping individuals and families incorporate physical activity into their lifestyle as well as enjoy a choice of amazing days out! What's more, from only £39 per month for Household Membership it offers great value for money!

This is what two of our existing members said:



Vitality Household Member Sam and her Family

"We have been with Vitality from when it first came out. We would use our Vitality membership pretty much every day. We use it for lots of the activities, including ice skating, tenpin bowling and Indiana Land at Dundonald International Ice Bowl. We go swimming and would use the gym at Lagan Valley LeisurePlex too and we recently tried Mission Inflatable - the kids loved it!

There really is something for everyone with the membership. As a family of seven, the activities suit both the younger children and the older teens.

We would definitely recommend Vitality membership. The online booking process is very, very simple. You can pick your time and date and book your activity in advance so you've something to look forward to. We definitely get fantastic value for money. We have been to every activity going and there is no stopping us. We love it!"

Vitality Household Member Sinead and her Family

"We became Vitality members first and foremost to get all the family active and to keep our children entertained at an affordable cost, especially during school holidays. Both my husband and I now use the gym at Lough Moss Leisure Centre and our children love to go swimming at Lagan Valley LeisurePlex, as well as attend other activities such as gymnastics, which we weren't able to afford until we signed up to Vitality. We also visit Dundonald International Ice Bowl and Lagan Valley LeisurePlex most weekends which means the children never get bored! The membership is excellent value for money and offers a wide range of activities for adults and children, which we all enjoy for only £49 per month! It has definitely met our expectations to the extent that we have recommended the membership to friends and family who all have joined and are thoroughly enjoying the benefits."



How much is Vitality Membership?

Vitality membership offers great value for money with a choice of amazing packages.

Package	Details	Price
Household Membership	Price based on two adults (18+ years) and up to 5 children living at the same household.	£49 per month
	Price based on one adult (18+ years) and up to 5 children living at the same household.	£39 per month
Household Membership Concession	Same conditions as above; however concession rate applies if at least one of the two adults in the membership can provide a letter of entitlement showing they are in receipt of benefits, disabled or aged 60+ years.	£39 per month
Individual Membership	Price based on one adult (18+ years).	£28 per month
Individual Membership Concession	Applies if individual can provide a letter of entitlement showing they are in receipt of benefits, aged under 18 years, aged 60+ years, disabled or aged 18+ years and in full time education.	£21.50 per month

NB) The above prices are based on a direct debit monthly fee with no contract or joining fee. Proof of address is required for all individuals in the household membership and evidence of date of birth is required for children under 18 years.

A letter of entitlement dated within the last 3 months must be provided to avail of concession rates.

Household
Membership
ONLY £49
for 2 adults &
up to 5 kids

Household
Membership
ONLY £39
for 1 adult &
up to 5 kids

